

©Bradford Museums and Galleries '*The Princess and the Frog'*, William Robert Symonds, 1851-1934.

You inspire me to ...

Move... like I'm in a fairytale!

Sometimes artwork can tell us stories or help us to imagine being in different places.

This painting by William Robert Symonds shows a scene from the fairytale of '*The Frog Princess*'. The artist has used lots of detail to help us imagine what it would be like to be in the story with the princess and the frog.

You can pretend you are in the story by moving around like some of the things we can see in the picture.

What do I need?

- Yourself
- A bit of space to move around in

What am I doing?

- You are going to imagine you are in the painting and move like some of the things we can see.
- Can you imagine you are wearing a long flowing dress and cloak like the princess? Can you walk and move around if you were a princess?
- Make yourself as small as you can and roll around like the golden ball. What does it feel like?
- Get down low so that you are squatting near to the floor. Can you hop around like the frog? Would you like to move around like that all of the time?
- Imagine you are the cool water in the fountain swirling round, flowing and splashing.
- Make yourself grow tall like the trees and sway from side to side in the breeze.
- Can you see the bird flying towards the princess? Spread out your arms wide like wings and pretend you are flying fast like the bird.
- Can you spot anything else in the picture? You could try moving like that too.

Hints and Tips

- You could think about what noises each of the things might make and have a go at doing those while you are moving.
- Do you know or can you find out the story that the painting is based on? It is sometimes called the 'Frog Prince' or 'Frog Princess'.
- What other fairytales do you know? Can you move like some of the things in those stories ?

Find more activities to try at www.bradfordmuseums.org/blog/inspire-me-to



